

Blackberry and chocolate verrine

Taïpei Int'l Bakery Show 03/2022









Blackberry blackcurrant chocolate "crémeux"

| Milk: | 104g / 3.7oz |
|----------------------------------|--------------|
| Cream: | 104g / 3.7oz |
| Yolks: | 67g / 2.4oz |
| Alunga 41% milk chocolate : | 80g / 2.8oz |
| St Domingue 70% dark chocolate : | 160g / 5.6oz |
| Blackberry puree 90% : @ | 117g/4.13oz |
| Blackcurrant puree 90% : @ | 30g / 1.06oz |
| Blackcurrant liquor: | 17g / 0.6oz |

- Bring to a boil milk and cream.
- With the yolks make a custard at 85°C / 185°F with the liquid.
- Pour over the two chocolates.
- Add the Blackberry and Blackcurrant purees.
- Blend and pour into the verrines.

Blackberry blackcurrant "confit"

| Blackberry puree 90%: | <u>e</u> | 163g / 5.75oz |
|-------------------------|----------|----------------|
| Blackcurrant puree 90%: | <u>e</u> | 41g/1.45oz |
| Sugar: | | 13.3g / 0.47oz |
| NH Pectin: | | 3.1g / 0.11oz |

- Warm up the purees until 40°C / 104°F maximum.
- Combine together the sugar / pectin and add little by little into the purees.
- Bring to a boil.
- Cast and chill.

| Chocolate "Pain de Gênes" |
|---------------------------|
| Almond paste 60% : |
| Yolks: |
| Whole eggs : 36g / 1.3oz |
| Egg whites: |
| Sugar:44g / 1.5oz |
| Cream of tartar: |
| Plein Arôme cocoa powder: |
| Ocoa 70% dark chocolate : |
| Butter:131g / 4.6oz |

- Blend the almond paste, yolks and whole eggs in the Robot Coupe.
- Whisk the egg whites then coat with the sugar and cream of tartar.
- Add half of the whipped meringue to the almond paste / yolk / egg mixture, mixing gently with a spatula.
- Add the cocoa powder and melted chocolate / butter.
- Add the remaining meringue and spread on a silpat (700g for half baking sheet).
- 170°C / 338°F, 14 min, fan 2,0%.
- Let cool, then cut at 5.5 cm.

Saint Domingue 70% chocolate crunchy

| Saint Domingue 70%: | |
|---------------------|----------------|
| Fleur de sel: | 0.29g / 0.01oz |
| Butter: | 7g/0.25oz |
| Feuilletine: | |
| Rice krispies: | 26g / 0.92oz |

- Melt the chocolate at 30°/35°C, 86°/95°F.
- Add the softened butter and finish with the feuilletine and rice krispies.
- Spread on a baking sheet and let set in the fridge.
- Place on the cocoa biscuit.









| Mascarpone blackberry tea chantilly | |
|-------------------------------------|--------------|
| Cream #1: | 15g / 4.06oz |
| Blackberry tea: | |
| Sugar: | |
| Gelatin mass x6: | |
| Mascarpone : | 76g / 2.68oz |
| Cream #2: | 72g / 6.07oz |

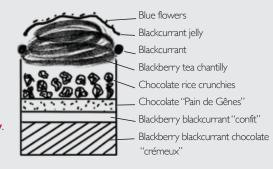
- Infuse cream #1 with the blackberry tea for 15 min.
- Strain and recalculate the original weight of the cream.
- Add sugar and gelatin mass and reheat around 50°C / 122°F.
- Pour over the mascarpone and blend.
- Add the cream #2 then blend one more time.
- Chill before using.

| Blackcurrant translucent jelly | |
|--------------------------------|---------------|
| Water: | 69g / 2.4oz |
| Sugar: | 3g / 0.10oz |
| Agar agar powder : | 0.8g / 0.03oz |
| Gelatin mass x6 : | 14g / 0.5oz |
| Blackcurrant puree 90% : O | 14g / 0.5oz |

- Spray a thin layer of oil in a tray or on a baking sheet.
- Add sugar and agar agar in the water and bring to a boil.
- Add the melted gelatin mass and then cast thin. Let set in the refrigerator.

Recipe and assembly for 12 pcs:

- Pour the "crémeux" mixture in the bottom of the verrine and let it set in the freezer.
- Add the "confit" and let it set again.
- Cut the **chocolate biscuit** to 5.5 cm then place it on the confit.
- Add the chocolate rice crunchy and poach a generous rosette of blackberry tea chantilly.
- Cut the **blackcurrant jelly** with a 6 cm pastry cutter and place on the chantilly.
- Decorate with blackcurrant seeds and small blue flowers.



The chef's tip

66 The addition of blackcurrant is meant to accentuate the taste of the blackberry. Just like adding raspberry to a strawberry puree.



